



Delivering Empathy, Connection and Stewardship  
to the Service of our Neighbors in Need!

### **GROCERY EXTRAS BOX/BAG – 10-12 ASSORTED ITEMS**

Each Box should contain **UNOPENED AND NOT EXPIRED:**

#### **Food (8-10 items)**

- Canned of Ravioli, Beef Stew, SpaghettiOs, Chili or Soup
- Canned Vegetables, Fruit or Fruit cups
- Rice, Pasta and Spaghetti Sauce
- Mac and Cheese
- Jars of Peanut Butter, Jelly
- Cans Meat/Fish Product such as Salmon, Tuna, Chicken
- Cooking Oil or Cooking Spray
- Snack-Box of Cookies or Fruit & Nut Bars
- Juice (52oz or larger) or juice boxes
- Ketchup/mustard
- Hot or Cold Cereal

#### **Cleaning and Personal Care (2-3 items)**

- Household Cleaning Products, Laundry Detergent, Dish Soap
- Personal Care- Body Wash, Bar Soap, Shampoo, Deodorant, Toothpaste, Toothbrush
- Toilet paper, paper towels, boxed tissues can be added to fill the box

**Pack all items in a box and close it up. (If you must bag, please place all items in single bag or trash bag.**

**Deliver to your local collection point or neighborhood captain.**

**Please DO NOT pack expired or opened foods. Those with vulnerable health conditions may be receiving your package and these items could harm rather than help them. If you won't eat it yourself, DO NOT pack it in a box.**