

# 2025 Impact Report

# A Year of More Hands

FEEDING  
HANDS



2025 was tough in many ways. But Feeding Hands staff, volunteers, and donors were up to the challenge yet again! As federal budget cuts reduced support, the Feeding Hands community found new food sources and served more people than ever. We continue to shine with our culture that is not just transactional but is transformational standing on our values:

## Empathy, Connection, and Stewardship.

On this we will not waiver!

*Lois Bennett*

Lois Bennett, Executive Director and Founder  
Feeding Hands, Inc.

## Community is much more than a label; it is people in unity.

Many guests would describe our Feeding Hands culture as "...different from the moment you walk in the door." We see the difference in our guests, like when we helped a grandmother restore Medicaid coverage for her orphaned and disabled grandchildren.

“

*I can't thank you enough for making the connection for me with United Way of Union County. The \$700 bill I thought was coming out of my social security check has been covered!*

– Feeding Hands Guest

 **97%**

of total expenditures went  
directly towards food program

 **\$4**

of food provided for every  
\$1 of program cost/donation

 **\$3.4M**

value of food distributed  
+17% increase from 2024

 **\$272**

average value of food  
provided to a family per visit



# A COMMUNITY AT THE TABLE

# 52,034 <sup>+21%\*</sup>

## Total Individuals

16,111 Total Family Visits

## 17,839

Children +27%\*

## 28,262

Adults +21%\*

## 5,933

Seniors +21%\*

## 4,605

Veterans

\*Compared to 2024



## VOLUNTEER IMPACT

Volunteers come for many reasons, but our culture brings them back. Through smiles and real care, our volunteers know every guest. One volunteer who always brings a guest's favorite food shared, "Being here is the best part of my week! My job pays my bills. Feeding Hands gives me purpose."

# “

*Feeding Hands is different. You're not just packing boxes—you're connecting with people. You leave knowing you made a real difference, and that keeps you coming back.*

– Feeding Hands Volunteer

# 31,529

## total volunteer hours

+14% increase from 2024

# 1,298

## total volunteers

+26% increase from 2024

# \$1,165,627

## value of volunteer time

+20% increase from 2024

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[feedinghandspantry.org](http://feedinghandspantry.org)

501(c)(3) Non-Profit Organization | Tax ID# 47-2253408

# 2026 GOALS

As government support declines and inflation and economic uncertainty grow, more families will need help. To meet this demand, we must expand our staff, storage, and funding. We must grow our volunteer and donor community to continue providing emergency food assistance and compassionate support to seniors, working families, and neighbors in crisis. **We hope you will join us in making 2026 the year we feed even more of our hungry neighbors.**

## FROM SHELF TO TABLE



**\$960,000**

Produce



**\$411,000**

Meat



**\$131,000**

Prepared Meals



**\$135,000**

Bakery/Desserts



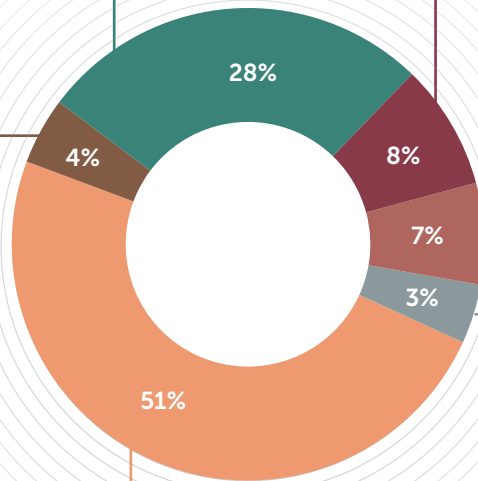
**\$1,630,000**

Assorted Shelf Stable Dry Goods  
(includes non-food items)



**\$174,000**

Dairy



### Food Source Percentage

**1%**

Purchased

**37%**

Food Rescue

**6%**

Individual Donors

**33%**

CFBNJ

**11%**

Church/Non-Profit

**12%**

Government Sourced

### Warren Location

We opened our fifth distribution site in Warren to coordinate weekly services to Northern Somerset County, including serving disabled veterans at the VA in Lyons.

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# ANCILLARY SERVICES

 **1,077**

Continence products distributed/adults provided products

 **11,612**

Feminine products distributed / women provided products

 **1,820**

Children provided with school supplies

 **3,324**

Total children provided diapers

 **783**

Families received multi-cultural Thanksgiving meal groceries

# TRUCKS ON THE ROAD

**930**

Cleaning/donation pickups by our trucks

**170**

Donations picked up by volunteers in personal vehicles

**77**

FH truck to redistribute food to satellites and other community partners

**478**

Deliveries brought to homebound guests through volunteer partnerships

**FEEDING HANDS**



## MAILING ADDRESS (ONLY)

Feeding Hands  
601 Route 206, Suite 26-217  
Hillsborough, NJ 08844



**DONATE NOW**

